

## Workshops Provided by Learning Solutions, LLC

My child was diagnosed with Autism Spectrum Disorder/Social Communication challenges. Now what do I do? (Parent and Professional versions)

Parent: Parent-to-Parent, what are some steps I can take and options to look into? How and where do I start to find services? Parents learn from other parents. It's an emotional journey to navigate, and many times it can feel like there is no one to show you a path. We will discuss and identify steps on a path, together.

*Professional:* How can I help the parent/guardian/caregiver and/or teacher of a newly diagnosed child? What resources are out there for me to look for, and provide? Together we will discuss and explore possibilities.

Social Fit® Program: Creating a Social -Emotional Scaffold Program That Supports Integrated Communities (Professional)

Social Fit® Program is a therapeutic support program designed for community social-recreational environments. These environments must be open to supporting their most vulnerable learners. Social Fit® is a 3 Component Program of skill development across "Body, Mind and Self;" to facilitate success within integrated settings.

S.N.A.P. social Notes About People®: Instructional Templates to Strengthen Social Executive Function and Awareness (Parent/ Professional)

Social Notes About People® consists of a series of visual templates that instruct learners in breaking down their current environment, to identify relative social information. S.N.A.P. ® teaches an individual to scan a current environment both in freeze frame and movement, to better determine expected behavior and safe decision-making.

Which Hat Do I Wear Today? My Life as a Special Needs Mom and Professional (Parent/ Professional)

People ask me all the time, "How do you do it?" And I answer, "Same as everyone else; one day at a time." I have picked up tips along the journey that help me function as a professional, parent, family member, advocate and/or friend. Resiliency is the key! Together we can explore and learn how I do it, how you do it, and how we do it!

CAPSEL Program for AAI/AAE (formerly "PAWsitive Messages with Monty: Teaching Social Skills and Awareness with a Social Assistance Dog") (Parent/ Professional)

Monty is a trained Social-Emotional Assistance dog who participates in Social Skills and Learning groups. He supports emotional learners and impacts the affect all around our Social-Emotional Learning Center. Learn about the training, participation, use and value Monty brings to understanding social communication in human partners.

Understanding Developing Social-Emotional Learners, and Instruction Samples to Support Them (Parent/ Professional)

Social-Emotional learning is essential to successful students, family members and community members. Learn more about the profile of a struggling social-emotional learner (SEL), and how to better support growth and skill acquisition across settings.



## What is Executive Function? How can it Effect Social Awareness? (Parent/ Professional)



"Executive Function" is a term heard often, but not always clearly explained. Deficits in Executive Function most often impact social awareness and experiences. Learn more about the two areas of Executive Function, what daily processes and skills they impact, and strategies to support growth and success.

Deciding on Disclosure: Talking About Diagnostic "Labels" and Understanding, at Home and at **School** (Parent and Professional versions)

Parents: Knowing when and how to introduce to your child his/her diagnosis, is not clear cut "science." It's a matter of developmental readiness and need. Together we will talk about possible developmental signs a child is ready to discuss diagnosis; how to discuss diagnosis; what to share around diagnosis; and how to determine this for your own family/loved one.

Professionals: At times we may be asked to explain a diagnosis or learner profile to a class of early learners. What can this look like? What are some resources and tools available to support such a lesson(s)? Together we will discuss and explore ideas.

Understanding Accommodations, Modifications and My Role on an IEP Team. (Parent and Professional versions)

Parents: "IEP or 504," what does that mean? How do I know and understand what is best to support my child? Team meetings can feel overwhelming with a lot of paperwork and terminology. Together we will discuss common educational "jargon," and look at sample paperwork applicable to IEP/504 process and meetings.

Professionals: Team meetings can feel overwhelming with a lot of paperwork and terminology professional educators are "expected" to know. But sometimes "jargon" and roles are not clear. Together we will review and discuss sample paperwork applicable to IEP/504 process and meetings; and better understand each Team members' role at the table.

 Supporting Socially Challenged Patients and their Caregivers during a Medical Visit/Emergency (Parent/ Medical Professional)

Children with special needs often require numerous medical appointments and developmental therapies. Understanding the nuance and interactions with diverse environments and providers can feel overwhelming and confusing, especially for developmentally young learners. Together we will discuss visual/verbal supports related to medical/therapeutic environments, and how we can use them to facilitate communication and more comfortable interactions between a child and provider.

> Please contact Learning Solutions for workshop timeframes, participant min.-max. and fees. info@learningsolutionsforme.com 781-762-3750





